

VISUAL JOURNALS

IDEAS AND INSPIRATION

Experiences - with people, events, places, and celebrations

Relationships - family or friends

Concerns - identity, racial bias, stereotypes, politics, environment, or personal

Your past

Your future

Dreams

Art History - journal about your favorite or least favorite artist, learn about a new artist

Elements - line, value, color, texture, form, space, shape

Principles - balance, repetition, unity, variety, rhythm, movement

Art Movement - Impressionism, Cubism, Pop Art, etc..

Fears

Regrets

Subject your studying in another class

What your reading about in your AR book

Self-reflection - self-portrait, what you like or your favorites

Your faith

Study of they eyes, nose, mouth, ears, hands, or feet

Study of flowers, plants or trees.

Your culture or heritage

Express a mood

Study architecture

Study seashells

Conflict of interests

Habits

Food- what do you eat

The seasons

The senses

Nature

World Geography-place or places you would like to go

Invent a "Professional Survival Swiss Army" Thing...what would your sheathed utility tool hold?

Design a professional sports logo for hot dog eating, kite flying, tricycle racing, painting, and car washing.

Redesign money or coins...do they have to be make out of metal and paper?

How do you determining truth? What is it? Does truth evolve? What is one thing you know for sure?

How do thoughts affect reality?

Soul Scribble...what does your soul look like?

Five questions you hate not having the answers to.

What is the purpose of art?

What does art have to do with the soul?

Why is music so powerful? What music speaks to you...why?

What is one thing you learned that blew your mind?

What would you like to unlearn?

What do you want to know more about?

What is the biggest mistake you ever made?

What would you say to a stranger in 60 seconds to talk them out of taking his/her life?

What emotion do you wish you could control better?

What is love?